



# THE ICKLINGHAM VILLAGER

## AUTUMN 2025



**Bury St Edmunds Men's Shed**

Drop in and ...chat  
...make  
...learn  
...share

- Woodwork
- Engineering
- Crafts
- Art
- Computers
- Electronics
- ...and your skills!

The Bury St Edmunds Men's Shed is open to anyone 18 or over, of all interests and skill levels (and not just men!)  
Workshops run Saturday mornings 10.00-14.00 at The Centre UK, 30 Eastern Way, IP32 7AB

menshedsbse.org.uk  
BuryStEdmundsMensShed  
shedheadsbs@gmail.com



The Bury St Edmunds Men's Shed has been running regular meetings since Spring 2023. We currently meet at The Centre UK, Eastern Way in Bury St Edmunds every Saturday morning 10.00am - 2.00pm and this September we will also be opening the Shed for evening meetings on the first & third Thursday of each month 7.00pm - 9.00pm

The main difference for the evening meetings is that no machinery or power tools will be used. A non-workshop session for socialising, project planning, hand tools, talks (with one exception, below) - meaning a hopefully clean and quiet session! The exact format is a work-in-progress and will depend on what members want to do but potential elements include:



General chat, socialising, games - Woodturning - Project planning - Hand tool demonstration/usage - Other quiet activities - IT - electronics - Guest talks  
**We hope also this will allow us to welcome new members who otherwise are not able to attend on Saturdays.**

**F.A.Q. What is the Mens shed ?** Men's Sheds is a mental health initiative, for men to get together and share common interests such as practical making and doing. Many men - particularly during or after middle age - suffer from depression isolation and loneliness - with few outlets & resources available to get out, unwind and chat. There's more information on the Men's Sheds Association website, but perhaps a better way of putting it is that the Men's Shed is what the members decide & make it to be!

**So only men are allowed?** Not at all! The BSE Men's Shed is inclusive and welcomes all who share our values of mutual support and community. So please feel free to attend, whatever your gender, age (members must be over 18), ability, faith or orientation - you will be welcome. Please note that any members who have special needs will need their carer/guardian to attend with them - but the above applies, they will be just as welcome!

**What happens at the meetings?** Our workshop meetings have been running for over a year, although we are still developing the format! The location is equipped for woodworking - we will be expanding the available tools, but welcome input from new members as to what equipment and crafts to develop.

**What can I learn?** You may be imagining old men doing woodwork... and we admit that is accurate in some cases! But we are very keen to find members with other skills they can share and develop. Currently we have members who can help with: Woodwork (furniture/carpentry), Woodturning, Crafts and painting, CNC machining (note we have no equipment... yet), IT skills, General DIY skills, Repairs, But please do join if you have skills to share and develop - we are very keen to expand this list!

**What can I work on or make?** If you have a project that you can work on with the tools and space we have, then of course! We would be glad to both help and learn where possible. We also have various community projects that require things making if you are looking for the opportunity to help as you learn (including crafts to sell at our stall at events).

For more info email: [shedheadsbs@gmail.com](mailto:shedheadsbs@gmail.com)

**This year we collected 15 coats to donate to The Wrap Up Campaign.**

Following the collection period, coats were sorted & distributed to charities across the UK. Wrap Up work with charities & community organisations that provide frontline services to the homeless, the elderly, refugees, children & families living in poverty & people fleeing domestic violence.

Wrap Up do not distribute the coats to those in need directly, because they want to help charities create lasting links with those they set out to help. When a vulnerable person reaches out to a charity for a coat this winter, they will also discover the other resources & forms of support available to them.

It's amazing that a coat YOU donated could kick-start a relationship between those in need & the charities that can help them by providing year-round services & support.

Our impact continues to grow thanks to the generosity of people like you, who take the time to find & donate their unwanted coats, & the incredible volunteers that give their time. Our campaign is run by small teams of hardworking volunteers throughout the country.

**From all the Wrap Up team, thank you so much**

**PART-TIME GARDENER WANTED IF YOU ARE INTERESTED IN DOING GARDENING WORK FOR VILLAGERS PLEASE LET ME KNOW & AND I WILL PASS ON YOUR DETAILS TO PEOPLE WHO NEED HELP**

Please email [bac@talk21.com](mailto:bac@talk21.com) or Whatsapp 07748998164

**A Harvest Talk**  
by local speaker Peter Tatum  
will be held at St. James Church  
on October 5th 6.30pm  
£10.00 per ticket  
includes refreshments

Contact Sue 01638 713801, Hazel 01638 714097 or Dorothy 01638 712439 for more info and tickets.

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**SAVE THE DATE FOR THE CHRISTMAS CONCERT ON 7TH DECEMBER 3.00pm**  
WITH SOHAM BRASS BAND  
& FRIENDS IN HARMONY SINGERS

**THE ALICE DIX CHARITY**

*If you would like to make an application for a Christmas payment the following criteria must be met.*

*One payment per household. Payments will be made by cheque only. Under the terms of the Charity the trustees are required to comply with a number of directions including the following: Relief in Need : The trustees shall apply the income of the Charity applicable for relief in need in relieving either generally or individually persons resident in the area of benefit who are in conditions of need, hardship or distress by making grants of money or providing or paying for items, services or facilities. Payments shall be made on receipt of an individual application & judged in accordance with the terms of the Charity.*

*To apply for help this Christmas please write to Mrs D. Handford at Saxon Lodge, West Street, Icklingham or email [bac@talk21.com](mailto:bac@talk21.com) before the 1st December 2025*

*The Charity can also assist with many other needs, examples include education, mobility, assistance in the home. Please apply to the secretary in writing. Every application will be considered*

**Do you rent your home from a private landlord?**

Safe Suffolk Renters is a FREE service that provides advice and support for those living in the East or West Suffolk Council areas.

We can offer FREE help with:

- Damp and mould
- Healthy home checks
- Information about rights and responsibilities including the Renters Rights Bill

Find out more about how we can help. Get in touch with our team today at [safesuffolkrenters.org](http://safesuffolkrenters.org)

**USEFUL TELEPHONE NUMBERS**  
**EMERGENCY 999** Suffolk Police (non-urgent) 101  
 NHS 111  
 Crime Stoppers UK 0800 555 111  
 GAS EMERGENCY 0800 111 999  
 Electricity Emergency 105 (including Powercuts)  
 ANGLIAN WATER EMERGENCY 0800 771 881  
 Dental Emergency 111

West Suffolk Councillor Susan Glossop  
 07473041394  
 West Suffolk council 01284 763233

St James Church Wardens Dorothy Handford  
 01638 712439 & Sue Marston 01638 713801  
 All Saints CCT 0845 303 2760 Jane Hatton

Market Cross Surgery 01638 713109  
 Guildhall & Barrow Surgery 01284 812510  
 Milk Delivery Plumbs Dairy 01223 893033  
 Window Cleaner Rise & Shine 0771 055 7898



**LIBRARY VAN DATES**  
 The Mobile Library will visit  
 on Oct 11th,  
 Nov 8th & Dec 6th  
 Calling at West Street at 1.30pm,  
 The Hall Close at 1.50pm  
 The Village Green at 2.10pm  
 The new mobile Manager is Tony  
 Please note  
**NEW TIMES FOR STOPS**



**Icklingham Parish Council**  
[www.icklingham.onesuffolk.net](http://www.icklingham.onesuffolk.net)  
 Clerk - Justin Hook  
 email: [clerk@icklinghamparish.gov.uk](mailto:clerk@icklinghamparish.gov.uk)  
 Any parishioners wishing to raise an issue or add an item to the agenda, should contact the Parish Clerk via email.

\*Parish Council Meetings are held on the third Monday bi-monthly (15th September & 17th November) in the Old School, The Street Icklingham.  
**ALL ARE WELCOME TO ATTEND**

Councillors 2025-2026  
 Darren Baugh - Chairman  
 Veronica Halford  
 Karrie Baugh  
 Joe Fisher

**There are currently two vacancies for Parish Councillors, if you are interested & want to get more involved in your village please contact the clerk by email [clerk@icklinghamparish.gov.uk](mailto:clerk@icklinghamparish.gov.uk) or come along to the next meeting !**



**Church Services at St James**  
**CHURCH SERVICES**  
 Please check Church Notice Board for Service dates & for more information please contact the Church Wardens  
 Dorothy Handford 01638 712439  
 & Sue Marston 01638 713801  
**ALL WELCOME**



## Energy saving grants

[www.westsuffolk.gov.uk/energy-efficiency-funding](http://www.westsuffolk.gov.uk/energy-efficiency-funding)



Did you know that energy inefficient houses raise energy bills by an average of £299 per year?

Discover grants available to West Suffolk residents funded by local authorities, the government, energy suppliers and charities. The support can help improve the energy efficiency of your home, lower your bills, and cut carbon emissions.

Help us to reduce fuel poverty!



Thermal cameras reveal how much heat a house can lose through windows, doors, and outside walls.



**West Suffolk**  
Council

<https://www.gov.uk/find-energy-certificate>

### Make energy efficient changes to your home!

Fossil fuels (oil, coal and gas) are used in 85% of homes in the UK and are large contributors towards climate change. Reducing consumption of these fuels can improve energy efficiency and reduce energy bills.

Solar panels can be installed to generate a source of renewable electricity using sunlight, avoiding reliance on fossil fuels for electricity.

Heat pumps extract heat from the outside air, or the ground, to provide heat to your home. Air source heat pumps are the most common type of domestic heat pump in the UK and are suitable for most homes.

Loft insulation can cut energy bills by preventing heat from escaping through the loft.

Private renters can access most of these grants by contacting their landlord.

To find out more information and apply for any of these grants, please visit: [www.westsuffolk.gov.uk/energy-efficiency-funding](http://www.westsuffolk.gov.uk/energy-efficiency-funding)



Information taken from  
The Icklingham Parish Council Website  
<https://icklinghamparish.gov.uk/contact-us/>

#### Elveden Estate

A considerable amount of the land in and around the village is owned and managed by the Elveden Estate. The land is farmed and the properties are rented. Elveden Estate also own and run the Guinness Arms pub in the village.

#### Empty Properties in the Village -

Many of the empty properties in Icklingham are owned by Elveden Estate and there is a comprehensive plan in place to renovate all of these properties and bring them back into occupation. Some renovation work is complete, but there is a rolling plan for all outstanding works to be completed by the end of 2028.

If you have any concerns over any of the empty properties, please email the Clerk with the property address and your specific concerns. The Parish Council will then liaise directly with the estate.

#### Church Farm Development -

Church Farm Development was to include up to 10 houses. The proposed development sat partially outside of the settlement boundary of the village, so following a pre application meeting with the West Suffolk planning officers, it was decided not to progress with this proposal.

In the recently approved Local Plan, Icklingham is to remain a Category B village.

The Church Farm site has now been rented to a scaffolding company to use as their yard.

#### Allotments -

The estate also provides land in the village for allotments. For more information, visit the allotments page.

#### LOCAL EVENTS COMING UP !

**The Mildenhall Library**, at the Hub, have a series of talks on Thursday afternoons at 2.00p.m. Free parking and free entry.

Sept.25th - An illustrated talk with Charley & Morgan - The Northwest Passage.

Oct. 16th - Talk with Kevin Boardman. 1066

How the Saxons lost the Country in a day.

Nov.20th - David Blake, author. His crime books set in the Norfolk Broads.

Dec.11th - Lisa Askham, local author. Her books are set in Suffolk.

**Mildenhall Museum Evening Talks** at 7.30 p.m. Entry £4.00

Nov. 6th - The Worlingworth Fire engine and the BBC.

Dec. 11th - Ed Lewis talk - WW1 1914 Christmas Truce.

**The Guildhall in Bury** are celebrating VJ Day with a play 'Operation on Radar' Sept 16th at 7.45p.m.to 10.00p.m. Entry £15 cash, on the door but must book. Parking at the Arc car park is free after 3.p.m on Tuesdays.

Sept. 23rd-28th A Textile Exhibition by City & Guilds graduates.

'Out of the Fold', Reflections 10.00am- 4.00pm. Free entry.

Oct. 26th - Talk by Historian Paul Hunt - Life on the Home Front.

11.00am-12noon £10

#### Icklingham Events

Oct. 5th - A Harvest Talk by local speaker Peter Tatum at St. James Church 6.30pm £10.00 per ticket - includes refreshments

Contact Sue 01638 713801, Hazel 01638 714097 or Dorothy 01638 712439 for more info and tickets.

Dec. 7th - Icklingham Christmas Concert at St. James Church with Soham Brass Band & Friends in Harmony Singers 3.00pm £10.00 per adult, £5.00 12-16 years & under 12 years free. To include refreshments Contact Sue 01638 713801, Hazel 01638 714097 or Dorothy 01638 712439 for more info and tickets.

**Courses at Lackford Lakes** - Oct. 18th Green Man - This course is aimed at beginners to ceramics craft, Using clay hand building techniques of moulding and slabs, you will construct a Green Man inspired hanging wall plaque, bringing this folklore icon to life. Your work will be fired and glazed and be available for pick up after 2 weeks. All materials are provided.

**Willow Weaving** 7th Nov. Have fun creating a couple of festive decorations for yourself or to give as a gift! This course is aimed at beginners, so no experience is needed, but a degree of manual dexterity and finger strength is required to weave with willow. For more details/price on these and many other courses call Lackford Lakes by calling 01284 728706 or email [lackford.centre@suffolkwildlifetrust.org](mailto:lackford.centre@suffolkwildlifetrust.org).

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[www.alanwisbeach-decorating.co.uk](http://www.alanwisbeach-decorating.co.uk)

Email Alan on [alan8358@hotmail.com](mailto:alan8358@hotmail.com)

#### COFFEE MORNINGS

Cake stall, Refreshments & Raffle

ALL WELCOME

10.30am - 12noon

at St. James Church

Come & join us on the last  
Saturday of the month

27th Sept, 25th Oct & 29th Nov



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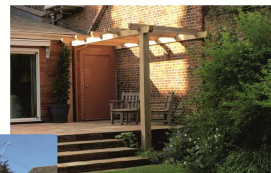






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Contact David on  
07484 828555, 01284 728768 or email  
[david.a.fisher@btinternet.com](mailto:david.a.fisher@btinternet.com)

**LAST BUT NOT LEAST** have you a special person you want to thank, wish  
Good Luck, Happy Birthday, Getting Married, say Get Well Soon or a new arrival ?  
Well this is the space for you – just email [bac@talk21.com](mailto:bac@talk21.com) or Whatsapp 07748998164 & let  
me know your special message & it will appear here free of charge!

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**JOIN NOW TO HAVE A CHANCE OF THE CHRISTMAS £100 PRIZE**  
If you are interested in supporting St. James Church and want to join the  
100 Club (It's only £1.00 per month payable weekly, monthly or annually)  
contact Sue on 713801 & Hazel on 714097 for more details